

Pl	Namn	Tid											
Kort (28)	2800 m		1 (31)	2 (32)	3 (34)	4 (44)	5 (36)	6 (37)	7 (46)	8 (40)	9 (48)	10 (41)	M
1	Jansson, Olow	44:46,0	4:20,0	6:54,0	9:57,0	13:28,0	17:55,0	22:06,0	31:34,0	35:03,0	36:35,0	42:01,0	44:46,0
	Häverödals SK		4:20,0	2:34,0	3:03,0	3:31,0	4:27,0	4:11,0	9:28,0	3:29,0	1:32,0	5:26,0	2:45,0
2	Lindell, Lars-Erik	45:47,0	4:48,0	7:04,0	9:31,0	13:04,0	16:30,0	21:26,0	31:38,0	35:10,0	37:37,0	42:32,0	45:47,0
	Väsby OK		4:48,0	2:16,0	2:27,0	3:33,0	3:26,0	4:56,0	10:12,0	3:32,0	2:27,0	4:55,0	3:15,0
3	Abrahamsson, Tage	47:49,0	4:28,0	8:05,0	13:49,0	21:13,0	24:23,0	28:42,0	36:54,0	40:00,0	41:29,0	45:20,0	47:49,0
	Rånäs OK		4:28,0	3:37,0	5:44,0	7:24,0	3:10,0	4:19,0	8:12,0	3:06,0	1:29,0	3:51,0	2:29,0
4	Gantelius, Staffan	49:29,0	4:05,0	6:37,0	11:09,0	14:47,0	21:35,0	26:51,0	36:47,0	40:38,0	42:28,0	46:45,0	49:29,0
	Vallentuna-Össeby OL		4:05,0	2:32,0	4:32,0	3:38,0	6:48,0	5:16,0	9:56,0	3:51,0	1:50,0	4:17,0	2:44,0
5	Jansson, Lennart	49:37,0	5:17,0	7:47,0	11:22,0	17:39,0	20:34,0	24:36,0	32:37,0	40:22,0	42:11,0	46:59,0	49:37,0
	Häverödals SK		5:17,0	2:30,0	3:35,0	6:17,0	2:55,0	4:02,0	8:01,0	7:45,0	1:49,0	4:48,0	2:38,0
6	Andersson, Irma	51:29,0	5:54,0	8:49,0	13:12,0	17:07,0	20:46,0	26:53,0	38:37,0	42:44,0	44:34,0	48:42,0	51:29,0
	Rimbo SOK		5:54,0	2:55,0	4:23,0	3:55,0	3:39,0	6:07,0	11:44,0	4:07,0	1:50,0	4:08,0	2:47,0
7	Lindberg, Bo	52:04,0	4:50,0	6:36,0	8:49,0	12:10,0	15:13,0	19:36,0	28:11,0	31:10,0	32:49,0	48:51,0	52:04,0
	Rånäs OK		4:50,0	1:46,0	2:13,0	3:21,0	3:03,0	4:23,0	8:35,0	2:59,0	1:39,0	16:02,0	3:13,0
8	Eriksson, Birgitta	54:01,0	4:37,0	7:29,0	13:37,0	19:15,0	23:14,0	29:00,0	40:31,0	44:25,0	46:18,0	50:40,0	54:01,0
	Länna IF		4:37,0	2:52,0	6:08,0	5:38,0	3:59,0	5:46,0	11:31,0	3:54,0	1:53,0	4:22,0	3:21,0
9	Rådberg, Lennart	54:34,0	5:22,0	8:05,0	11:11,0	15:43,0	20:16,0	26:20,0	39:34,0	43:47,0	45:48,0	51:18,0	54:34,0
	Häverödals SK		5:22,0	2:43,0	3:06,0	4:32,0	4:33,0	6:04,0	13:14,0	4:13,0	2:01,0	5:30,0	3:16,0
10	Eriksson, Nils	54:38,0	5:22,0	8:09,0	14:26,0	19:53,0	23:32,0	29:02,0	41:06,0	45:02,0	47:02,0	51:45,0	54:38,0
	Länna IF		5:22,0	2:47,0	6:17,0	5:27,0	3:39,0	5:30,0	12:04,0	3:56,0	2:00,0	4:43,0	2:53,0
11	Wallén, Margareta	54:40,0	3:33,0	5:47,0	8:16,0	11:35,0	20:14,0	24:42,0	39:22,0	43:38,0	45:16,0	51:23,0	54:40,0
	Täby OK		3:33,0	2:14,0	2:29,0	3:19,0	8:39,0	4:28,0	14:40,0	4:16,0	1:38,0	6:07,0	3:17,0
12	Jacobsson, Sven	56:19,0	4:03,0	7:39,0	9:52,0	13:25,0	18:17,0	26:18,0	43:28,0	46:55,0	48:33,0	53:02,0	56:19,0
	IF Thor		4:03,0	3:36,0	2:13,0	3:33,0	4:52,0	8:01,0	17:10,0	3:27,0	1:38,0	4:29,0	3:17,0
13	Persson, Alf	56:23,0	5:53,0	8:53,0	11:16,0	17:19,0	21:48,0	26:52,0	37:25,0	41:24,0	45:52,0	52:56,0	56:23,0
	OK Österåker		5:53,0	3:00,0	2:23,0	6:03,0	4:29,0	5:04,0	10:33,0	3:59,0	4:28,0	7:04,0	3:27,0
14	Jansson, Kjell	57:04,0	4:21,0	7:00,0	9:01,0	12:12,0	18:49,0	24:58,0	33:12,0	36:29,0	37:52,0	53:54,0	57:04,0
	Väsby OK		4:21,0	2:39,0	2:01,0	3:11,0	6:37,0	6:09,0	8:14,0	3:17,0	1:23,0	16:02,0	3:10,0
15	Svanström, Eva-Lena	1:02:47,0	5:12,0	7:30,0	10:59,0	14:24,0	17:34,0	22:51,0	48:36,0	52:23,0	54:14,0	59:13,0	02:47,0
	Täby OK		5:12,0	2:18,0	3:29,0	3:25,0	3:10,0	5:17,0	25:45,0	3:47,0	1:51,0	4:59,0	3:34,0
16	Vikström, Pia	1:04:51,0	7:02,0	11:28,0	15:47,0	22:16,0	26:55,0	32:22,0	45:25,0	52:01,0	54:44,0	00:45,0	04:51,0
	Täby OK		7:02,0	4:26,0	4:19,0	6:29,0	4:39,0	5:27,0	13:03,0	6:36,0	2:43,0	6:01,0	4:06,0
17	Karlsson, Gunnel	1:08:30,0	5:56,0	10:54,0	18:24,0	23:09,0	27:05,0	31:40,0	42:45,0	56:33,0	59:48,0	05:05,0	08:30,0
	OK Roslagen		5:56,0	4:58,0	7:30,0	4:45,0	3:56,0	4:35,0	11:05,0	13:48,0	3:15,0	5:17,0	3:25,0
18	Norlin, Birgitta	1:11:39,0	4:40,0	7:29,0	10:03,0	15:34,0	47:45,0	52:21,0	:00:35,0	:03:47,0	:05:16,0	08:59,0	11:39,0
	Rimbo SOK		4:40,0	2:49,0	2:34,0	5:31,0	32:11,0	4:36,0	8:14,0	3:12,0	1:29,0	3:43,0	2:40,0
19	Sundqvist, Roland	1:16:57,0	5:29,0	8:16,0	14:20,0	32:13,0	38:04,0	44:09,0	59:02,0	:04:09,0	:06:34,0	12:09,0	16:57,0
	OK Linné		5:29,0	2:47,0	6:04,0	17:53,0	5:51,0	6:05,0	14:53,0	5:07,0	2:25,0	5:35,0	4:48,0
20	Andersson, Maud	1:17:33,0	5:37,0	8:31,0	12:19,0	17:08,0	21:58,0	39:16,0	55:20,0	:00:26,0	:07:42,0	13:19,0	17:33,0
	Långhundra IF		5:37,0	2:54,0	3:48,0	4:49,0	4:50,0	17:18,0	16:04,0	5:06,0	7:16,0	5:37,0	4:14,0
21	Nordström, Ivor	1:24:49,0	6:15,0	13:15,0	17:14,0	26:13,0	47:06,0	52:24,0	:05:30,0	:12:07,0	:14:51,0	20:51,0	24:49,0
	Täby OK		6:15,0	7:00,0	3:59,0	8:59,0	20:53,0	5:18,0	13:06,0	6:37,0	2:44,0	6:00,0	3:58,0
22	Svanlund, Bernt	1:51:48,0	12:05,0	17:35,0	22:50,0	28:58,0	36:38,0	48:13,0	18:20,0	:26:56,0	:30:30,0	43:30,0	51:48,0
	Enebybergs IF		12:05,0	5:30,0	5:15,0	6:08,0	7:40,0	11:35,0	30:07,0	8:36,0	3:34,0	13:00,0	8:18,0
23	Svanlund, Berit	1:51:54,0	13:07,0	17:47,0	23:01,0	29:09,0	36:48,0	48:23,0	:18:31,0	:27:06,0	:30:43,0	43:40,0	51:54,0
	Enebybergs IF		13:07,0	4:40,0	5:14,0	6:08,0	7:39,0	11:35,0	30:08,0	8:35,0	3:37,0	12:57,0	8:14,0
	Karlsson, Sven-Olov	Ej godk.	5:19,0	7:55,0	10:27,0	15:54,0	19:49,0	24:08,0	47:16,0	-----	:02:17,0	-----	11:07,0
	Långhundra IF		5:19,0	2:36,0	2:32,0	5:27,0	3:55,0	4:19,0	23:08,0		15:01,0		8:50,0
	Klein, Hans	Ej godk.	6:52,0	12:36,0	15:57,0	-----	-----	-----	-----	-----	-----	-----	
	OK Österåker		6:52,0	5:44,0	3:21,0								

Karlsson, Sven-Olov	Ej godk.	10:35,0	15:42,0	23:33,0	29:56,0	34:55,0	43:00,0	59:36,0	:13:36,0	:15:47,0	-----	38:38,0
Rånäs OK		10:35,0	5:07,0	7:51,0	6:23,0	4:59,0	8:05,0	16:36,0	14:00,0	2:11,0		22:51,0
Gustavsson, Berndt	Ej godk.	5:59,0	8:53,0	12:05,0	17:30,0	21:20,0	27:02,0	-----	-----	43:31,0	-----	02:48,0
Rånäs OK		5:59,0	2:54,0	3:12,0	5:25,0	3:50,0	5:42,0			16:29,0		19:17,0
Trygg, Tryggve	Ej godk.	5:08,0	7:41,0	12:50,0	16:29,0	20:05,0	25:27,0	-----	-----	-----	01:17,0	05:34,0
OK Roslagen		5:08,0	2:33,0	5:09,0	3:39,0	3:36,0	5:22,0				35:50,0	4:17,0

Mellan (29)

3700 m

			1 (32)	2 (34)	3 (36)	4 (42)	5 (43)	6 (37)	7 (46)	8 (47)	9 (48)	10 (39)	M
1	Andersson, Rolf	44:16,0	4:27,0	6:25,0	11:25,0	15:50,0	17:56,0	26:27,0	33:41,0	36:29,0	39:01,0	42:15,0	44:16,0
	Rimbo SOK		4:27,0	1:58,0	5:00,0	4:25,0	2:06,0	8:31,0	7:14,0	2:48,0	2:32,0	3:14,0	2:01,0
2	Johansson, Bernt	48:56,0	4:10,0	5:54,0	11:04,0	16:09,0	18:25,0	24:20,0	35:59,0	38:26,0	42:51,0	46:54,0	48:56,0
	Häverödals SK		4:10,0	1:44,0	5:10,0	5:05,0	2:16,0	5:55,0	11:39,0	2:27,0	4:25,0	4:03,0	2:02,0
3	Norlin, Sven-Olof	49:48,0	5:01,0	7:10,0	14:27,0	19:18,0	22:06,0	29:26,0	38:17,0	40:45,0	43:47,0	47:33,0	49:48,0
	Rimbo SOK		5:01,0	2:09,0	7:17,0	4:51,0	2:48,0	7:20,0	8:51,0	2:28,0	3:02,0	3:46,0	2:15,0
4	Andersson, Göran	50:29,0	5:12,0	7:25,0	13:41,0	18:58,0	21:16,0	28:31,0	36:33,0	39:25,0	42:21,0	48:25,0	50:29,0
	Täby OK		5:12,0	2:13,0	6:16,0	5:17,0	2:18,0	7:15,0	8:02,0	2:52,0	2:56,0	6:04,0	2:04,0
5	Tancred, Kjell	51:11,0	5:01,0	7:06,0	13:05,0	18:10,0	21:43,0	28:40,0	37:50,0	41:13,0	44:20,0	48:58,0	51:11,0
	IBM-klubben		5:01,0	2:05,0	5:59,0	5:05,0	3:33,0	6:57,0	9:10,0	3:23,0	3:07,0	4:38,0	2:13,0
6	Solbreck, Christer	52:10,0	5:01,0	6:56,0	12:52,0	19:09,0	22:46,0	30:38,0	40:26,0	43:04,0	45:57,0	49:44,0	52:10,0
	Långhundra IF		5:01,0	1:55,0	5:56,0	6:17,0	3:37,0	7:52,0	9:48,0	2:38,0	2:53,0	3:47,0	2:26,0
7	Mattsson, Roine	52:27,0	5:04,0	7:10,0	14:04,0	18:53,0	22:37,0	31:10,0	39:01,0	41:32,0	44:41,0	50:09,0	52:27,0
	Häverödals SK		5:04,0	2:06,0	6:54,0	4:49,0	3:44,0	8:33,0	7:51,0	2:31,0	3:09,0	5:28,0	2:18,0
8	Isacsson, Lars-Olof	52:31,0	5:15,0	7:51,0	14:43,0	20:33,0	23:32,0	29:52,0	39:16,0	41:34,0	45:52,0	50:25,0	52:31,0
	Långhundra IF		5:15,0	2:36,0	6:52,0	5:50,0	2:59,0	6:20,0	9:24,0	2:18,0	4:18,0	4:33,0	2:06,0
9	Sahlberg, Hans	52:42,0	5:21,0	7:18,0	13:12,0	18:34,0	21:10,0	32:41,0	41:11,0	43:49,0	46:36,0	50:23,0	52:42,0
	Långhundra IF		5:21,0	1:57,0	5:54,0	5:22,0	2:36,0	11:31,0	8:30,0	2:38,0	2:47,0	3:47,0	2:19,0
10	Boije, Håkan	53:45,0	7:11,0	8:53,0	14:38,0	21:21,0	23:44,0	32:27,0	40:47,0	43:53,0	47:18,0	51:27,0	53:45,0
	Turebergs IF		7:11,0	1:42,0	5:45,0	6:43,0	2:23,0	8:43,0	8:20,0	3:06,0	3:25,0	4:09,0	2:18,0
11	Wallén, Sigurd	57:25,0	5:11,0	9:59,0	16:43,0	30:00,0	32:12,0	39:31,0	46:56,0	49:41,0	52:00,0	55:36,0	57:25,0
	Täby OK		5:11,0	4:48,0	6:44,0	13:17,0	2:12,0	7:19,0	7:25,0	2:45,0	2:19,0	3:36,0	1:49,0
12	Westling, Bo	59:12,0	5:33,0	8:09,0	15:59,0	21:43,0	24:49,0	35:03,0	44:49,0	48:13,0	51:20,0	56:21,0	59:12,0
	Häverödals SK		5:33,0	2:36,0	7:50,0	5:44,0	3:06,0	10:14,0	9:46,0	3:24,0	3:07,0	5:01,0	2:51,0
13	Vikström, Ragnar	59:58,0	5:57,0	16:54,0	23:11,0	28:18,0	30:37,0	38:14,0	46:14,0	48:43,0	51:57,0	57:25,0	59:58,0
	Täby OK		5:57,0	10:57,0	6:17,0	5:07,0	2:19,0	7:37,0	8:00,0	2:29,0	3:14,0	5:28,0	2:33,0
14	Söderbärg, Sivert	1:00:14,0	5:55,0	8:11,0	14:44,0	20:08,0	22:58,0	29:28,0	39:07,0	48:46,0	51:42,0	58:11,0	00:14,0
	OK Roslagen		5:55,0	2:16,0	6:33,0	5:24,0	2:50,0	6:30,0	9:39,0	9:39,0	2:56,0	6:29,0	2:03,0
15	Elmefjäll, Margareta	1:00:37,0	5:39,0	7:34,0	13:04,0	19:57,0	22:37,0	36:00,0	44:59,0	47:41,0	50:19,0	58:23,0	00:37,0
	Långhundra IF		5:39,0	1:55,0	5:30,0	6:53,0	2:40,0	13:23,0	8:59,0	2:42,0	2:38,0	8:04,0	2:14,0
16	Klang, Birgitta	1:03:06,0	5:48,0	11:17,0	18:02,0	24:53,0	27:31,0	38:01,0	47:24,0	50:40,0	53:52,0	00:22,0	03:06,0
	Långhundra IF		5:48,0	5:29,0	6:45,0	6:51,0	2:38,0	10:30,0	9:23,0	3:16,0	3:12,0	6:30,0	2:44,0
17	Larsson, Ulf	1:03:47,0	5:18,0	9:13,0	21:18,0	27:08,0	30:37,0	41:08,0	50:47,0	53:30,0	56:48,0	00:56,0	03:47,0
	Sigtuna OK		5:18,0	3:55,0	12:05,0	5:50,0	3:29,0	10:31,0	9:39,0	2:43,0	3:18,0	4:08,0	2:51,0
18	Holmberg, Hans	1:06:40,0	5:30,0	8:51,0	16:08,0	22:45,0	32:45,0	44:05,0	53:52,0	56:32,0	59:39,0	03:55,0	06:40,0
	Vallentuna-Össeby OL		5:30,0	3:21,0	7:17,0	6:37,0	10:00,0	11:20,0	9:47,0	2:40,0	3:07,0	4:16,0	2:45,0
19	Ernberg, Jan	1:10:52,0	6:05,0	9:05,0	17:26,0	33:00,0	35:32,0	43:32,0	53:56,0	58:17,0	:01:57,0	08:23,0	10:52,0
	Täby OK		6:05,0	3:00,0	8:21,0	15:34,0	2:32,0	8:00,0	10:24,0	4:21,0	3:40,0	6:26,0	2:29,0
20	Nordlund, Ewa	1:12:11,0	6:06,0	10:52,0	18:50,0	26:53,0	31:15,0	40:44,0	53:46,0	57:46,0	:01:46,0	09:32,0	12:11,0
	Länna IF		6:06,0	4:46,0	7:58,0	8:03,0	4:22,0	9:29,0	13:02,0	4:00,0	4:00,0	7:46,0	2:39,0
21	Lang, Calle	1:12:17,0	5:53,0	9:28,0	19:18,0	33:32,0	36:14,0	46:43,0	56:11,0	59:56,0	:05:26,0	09:36,0	12:17,0
	OK Roslagen		5:53,0	3:35,0	9:50,0	14:14,0	2:42,0	10:29,0	9:28,0	3:45,0	5:30,0	4:10,0	2:41,0
22	Lybert Ericsson, U C	1:14:21,0	7:09,0	9:48,0	16:28,0	31:58,0	34:44,0	45:12,0	55:16,0	59:02,0	:02:01,0	11:24,0	14:21,0
	Väsby OK		7:09,0	2:39,0	6:40,0	15:30,0	2:46,0	10:28,0	10:04,0	3:46,0	2:59,0	9:23,0	2:57,0
23	Eriksson, Kristina	1:17:23,0	6:37,0	9:09,0	19:36,0	25:10,0	27:58,0	43:20,0	53:29,0	:02:30,0	:06:26,0	14:31,0	17:23,0
	Länna IF		6:37,0	2:32,0	10:27,0	5:34,0	2:48,0	15:22,0	10:09,0	9:01,0	3:56,0	8:05,0	2:52,0
24	Skogtjärn, Ulf	1:18:08,0	5:16,0	7:36,0	15:21,0	21:38,0	24:00,0	50:55,0	:01:23,0	:05:21,0	:09:03,0	14:33,0	18:08,0
	OK Linné		5:16,0	2:20,0	7:45,0	6:17,0	2:22,0	26:55,0	10:28,0	3:58,0	3:42,0	5:30,0	3:35,0
25	Sjöberg, Ann	1:20:20,0	6:32,0	9:31,0	17:18,0	31:02,0	35:03,0	44:02,0	55:23,0	58:12,0	:02:24,0	18:05,0	20:20,0
	Enebybergs IF		6:32,0	2:59,0	7:47,0	13:44,0	4:01,0	8:59,0	11:21,0	2:49,0	4:12,0	15:41,0	2:15,0

26	Dahlström, Gunnar	1:20:42,0	8:46,0	12:33,0	21:04,0	28:55,0	32:20,0	46:13,0	:02:46,0	:09:02,0	:12:23,0	17:18,0	20:42,0		
	Fredrikshofs IF Skid & OK		8:46,0	3:47,0	8:31,0	7:51,0	3:25,0	13:53,0	16:33,0	6:16,0	3:21,0	4:55,0	3:24,0		
27	Karlsson, Sven	1:25:13,0	6:00,0	10:16,0	25:07,0	31:11,0	34:15,0	44:24,0	55:06,0	59:01,0	:02:22,0	09:57,0	25:13,0		
	OK Roslagen		6:00,0	4:16,0	14:51,0	6:04,0	3:04,0	10:09,0	10:42,0	3:55,0	3:21,0	7:35,0	15:16,0		
28	Eriksson, Lars-Åke	1:31:49,0	14:13,0	21:10,0	28:00,0	33:54,0	39:31,0	02:04,0	:14:12,0	:17:34,0	:21:31,0	29:23,0	31:49,0		
	Täby OK		14:13,0	6:57,0	6:50,0	5:54,0	5:37,0	22:33,0	12:08,0	3:22,0	3:57,0	7:52,0	2:26,0		
	Sunden, Bo	Ej godk.	4:47,0	7:33,0	-----	-----	-----	56:24,0	:04:40,0	:12:36,0	:15:31,0	21:33,0	23:52,0		
	Karlsbyhedens IK		4:47,0	2:46,0				48:51,0	8:16,0	7:56,0	2:55,0	6:02,0	2:19,0		
Lång (15)	4800 m		1 (45)	2 (34)	3 (44)	4 (43)	5 (33)	6 (35)	7 (37)	8 (48)	9 (47)	10 (46)	11 (49)	12 (38)	M
1	Ekman, Rickard	40:42,0	3:27,0	4:30,0	6:14,0	10:42,0	13:22,0	17:12,0	22:54,0	30:20,0	33:12,0	34:59,0	37:39,0	39:35,0	40:42,0
	OK Roslagen		3:27,0	1:03,0	1:44,0	4:28,0	2:40,0	3:50,0	5:42,0	7:26,0	2:52,0	1:47,0	2:40,0	1:56,0	1:07,0
2	Svanström, Alexandra	53:37,0	6:03,0	7:54,0	10:02,0	16:06,0	18:27,0	20:20,0	29:43,0	41:24,0	42:57,0	45:17,0	49:10,0	52:13,0	53:37,0
	OK Österåker		6:03,0	1:51,0	2:08,0	6:04,0	2:21,0	1:53,0	9:23,0	11:41,0	1:33,0	2:20,0	3:53,0	3:03,0	1:24,0
3	Mattsson, L-O	1:00:41,0	5:10,0	6:35,0	8:54,0	20:00,0	25:39,0	27:22,0	36:21,0	46:21,0	48:45,0	51:17,0	55:25,0	58:48,0	00:41,0
	OK Roslagen		5:10,0	1:25,0	2:19,0	11:06,0	5:39,0	1:43,0	8:59,0	10:00,0	2:24,0	2:32,0	4:08,0	3:23,0	1:53,0
4	Jansson, Björn	1:01:18,0	5:33,0	7:58,0	10:05,0	24:58,0	29:53,0	32:15,0	40:32,0	48:47,0	50:43,0	52:44,0	57:11,0	59:50,0	01:18,0
	Väsby OK		5:33,0	2:25,0	2:07,0	14:53,0	4:55,0	2:22,0	8:17,0	8:15,0	1:56,0	2:01,0	4:27,0	2:39,0	1:28,0
5	Bjärrenholt, Eddie	1:01:21,0	4:42,0	6:09,0	8:18,0	16:05,0	19:01,0	21:26,0	32:13,0	45:58,0	47:58,0	51:00,0	56:10,0	59:51,0	01:21,0
	Rånäs OK		4:42,0	1:27,0	2:09,0	7:47,0	2:56,0	2:25,0	10:47,0	13:45,0	2:00,0	3:02,0	5:10,0	3:41,0	1:30,0
			42:26,0												
			*46												
6	Nordlund, Leif	1:07:40,0	9:44,0	13:10,0	16:24,0	24:13,0	27:11,0	29:04,0	43:03,0	54:29,0	56:25,0	58:48,0	01:53,0	:05:24,0	07:40,0
	Länna IF		9:44,0	3:26,0	3:14,0	7:49,0	2:58,0	1:53,0	13:59,0	11:26,0	1:56,0	2:23,0	3:05,0	3:31,0	2:16,0
7	Rådberg, Thord	1:11:24,0	10:36,0	12:41,0	18:22,0	26:02,0	29:47,0	31:43,0	43:12,0	56:30,0	58:30,0	01:32,0	05:54,0	:10:00,0	11:24,0
	OK Roslagen		10:36,0	2:05,0	5:41,0	7:40,0	3:45,0	1:56,0	11:29,0	13:18,0	2:00,0	3:02,0	4:22,0	4:06,0	1:24,0
8	Eriksson, Bengt	1:11:39,0	4:39,0	6:17,0	8:40,0	16:59,0	21:19,0	22:43,0	43:46,0	59:22,0	:01:12,0	03:21,0	07:14,0	:10:08,0	11:39,0
	Väsby OK		4:39,0	1:38,0	2:23,0	8:19,0	4:20,0	1:24,0	21:03,0	15:36,0	1:50,0	2:09,0	3:53,0	2:54,0	1:31,0
9	Karlsson, Evert	1:12:10,0	5:34,0	7:16,0	9:55,0	18:50,0	22:49,0	25:22,0	38:05,0	51:08,0	56:17,0	00:03,0	06:15,0	:10:27,0	12:10,0
	Rimbo SOK		5:34,0	1:42,0	2:39,0	8:55,0	3:59,0	2:33,0	12:43,0	13:03,0	5:09,0	3:46,0	6:12,0	4:12,0	1:43,0
10	Eriksson, Sören	1:13:38,0	4:55,0	6:33,0	9:23,0	21:12,0	25:35,0	27:23,0	39:50,0	50:21,0	53:46,0	00:42,0	07:40,0	:11:29,0	13:38,0
	Länna IF		4:55,0	1:38,0	2:50,0	11:49,0	4:23,0	1:48,0	12:27,0	10:31,0	3:25,0	6:56,0	6:58,0	3:49,0	2:09,0
11	Lundquist, Leif	1:14:41,0	5:31,0	7:21,0	10:24,0	18:52,0	23:44,0	27:53,0	40:14,0	52:22,0	54:50,0	03:19,0	10:14,0	:13:16,0	14:41,0
	Enebybergs IF		5:31,0	1:50,0	3:03,0	8:28,0	4:52,0	4:09,0	12:21,0	12:08,0	2:28,0	8:29,0	6:55,0	3:02,0	1:25,0
12	Åström, Ulf	1:15:53,0	6:06,0	8:02,0	10:45,0	19:06,0	24:03,0	26:37,0	48:33,0	:01:48,0	:04:29,0	07:17,0	10:42,0	:14:30,0	15:53,0
	OK Roslagen		6:06,0	1:56,0	2:43,0	8:21,0	4:57,0	2:34,0	21:56,0	13:15,0	2:41,0	2:48,0	3:25,0	3:48,0	1:23,0
			35:01,0												
			*43												
13	Lindgren, Curt	1:17:35,0	9:09,0	10:56,0	14:44,0	24:25,0	28:20,0	31:30,0	45:16,0	58:59,0	:01:33,0	05:43,0	11:59,0	:15:32,0	17:35,0
	OK Roslagen		9:09,0	1:47,0	3:48,0	9:41,0	3:55,0	3:10,0	13:46,0	13:43,0	2:34,0	4:10,0	6:16,0	3:33,0	2:03,0
	Martin, Engqvist	Ej godk.	5:12,0	8:11,0	11:37,0	18:33,0	21:58,0	23:31,0	-----	-----	-----	47:26,0	51:45,0	55:03,0	56:47,0
	UIF		5:12,0	2:59,0	3:26,0	6:56,0	3:25,0	1:33,0				23:55,0	4:19,0	3:18,0	1:44,0
	Johansson, Stefan	Ej godk.	6:24,0	10:08,0	12:14,0	-----	-----	-----	-----	-----	-----	-----	-----	-----	35:54,0
	OK Roslagen		6:24,0	3:44,0	2:06,0										23:40,0