

**Wintercupen  
Poängställning**

ANM: B= bana; S= startpoäng; P= placeringspoäng; E1= summa etapp1 o s v  
X= ej anmäld/start

Namn	Klass	Etapp 1				Etapp 2				Etapp 3				Etapp 4				Etapp 5			
		B	S	P	E1	B	S	P	E1-2	B	S	P	E1-3	B	S	P	E1-4	B	S	P	E1-5
Emil Gyllenhammar	K	K	3	3	6	K	3	4	13	K	3	5	21	K	3	4	28	K	3	5	36
Åke Gatelid	M	M	3	5	8	L	5	2	15	L	5	3	23	L	5	1	29	L	5		34
Bengt Olov Törnqvist	M	L	5	1	6	L	5	4	15	L	5	1	21	L	5	2	28	L	5		33
Anton Gyllenhammar	M	M	3	4	7	M	3	5	15	M	3	3	21	M	3	5	29	K	0	3	32
Linda Clément	K	K	3	4	7	K	3	5	15	K	3	3	21	K	3	3	27	K	3	1	31
Johan Slagbrand	K	K	3	5	8	K	3	3	14	M	3		17	K	3	5	25	K	3	3	31
Agnes Bäfverfeldt	M	M	3	3	6	M	3	3	12	M	3	4	19	M	3		22	M	3	2	27
Johan Kügler	L	L	3	3	6	X	0		6	L	3	5	14	L	3	5	22	L	3	2	27
Tommy Lindgren	L	L	3	4	7	L	3	5	15	L	3	4	22	X	0		22	L	3	1	26
Karin Lindgren	M	M	3	2	5	M	3		8	M	3		11	M	3	3	17	M	3	5	25
Jan Erik Holm	M	M	3		3	M	3		6	M	3	2	11	M	3	2	16	M	3	4	23
Emil Lindgren	K	K	3		3	K	3	1	7	K	3	4	14	X	0		14	K	3	4	21
Roland Bäcklin	L	L	3		3	L	3		6	L	3		9	L	3	3	15	L	3	2	20
Jan Olof Malm	M	M	3		4	M	3	4	11	X	0		11	M	3	4	18	X	0		18
Margareta Haraldsson	K	K	3	2	5	K	3	2	10	X	0		10	K	3		13	K	3	2	18
Lucas Holgersson-Rohdin	K	K	3		3	K	3		6	K	3	2	11	K	3		14	K	3		17
Sten von Heijne	M	M	3		3	M	3	2	8	M	3	5	16	X	0		16	X	0		16
Malin Johnsson	K	K	3		3	K	3		6	K	3	1	10	K	3		13	3	3		16
Frida Lindgren	M	M	3		3	M	3	1	7	K	3		10	X	0		10	M	3	3	16
Daniel Lindgren	L	L	3	5	8	L	0		8	X	0		8	X	0		8	L	3	5	16
Carina Andersson	M	M	3		3	M	3		6	K	3		9	K	3		12	K	3		15
Per Åke Holm	L	M	3		3	L	3		6	L	3		9	L	3		12	L	3		15
Mikael Johnsson	L	L	3		3	L	3		6	L	3		9	L	3		12	L	3		15
Per Olov Olofsson	L	L	0		0	X	0		0	L	3	2	5	L	3	4	12	L	3		15
Svante Lindgren	K	K	3		3	K	3		6	K	3		9	K	3		12	K	3		15
Barbro Börjesson	K	K	3		3	K	3		6	K	3		9	K	3		12	K	3		15
Per Björk	K	K	3		3	K	3		6	K	3		9	K	3		12	K	3		15
Eva von Heijne	K	K	3	1	4	K	3		7	K	3		10	K	3	1	14	X	0		14
Per Slagbrand	L	L	3	2	5	K	3		8	M	3		11	X	0		11	L	3		14
Stefan Nordström	L	L	3		3	L	3	1	7	X	0		7	L	3		10	L	3		13
Peter Landenmark	L	X	0		0	L	3	3	6	X	3		9	X	0		9	L	3		12
Roger Uddmäre	L	L	3		3	L	3		6	X	0		6	L	3		9	L	3		12
Kevin Björk	K	K	3		3	K	3		6	K	3		9	X	0		9	K	3		12
Ingrid Bergh	K	K	3		3	K	3		6	K	3		9	X	0		9	K	3		12
Andreas Johnsson	K	K	3		3	K	3		6	X	0		6	K	3		9	K	3		12
Börje Blomqvist	K	K	3		3	K	3		6	X	0		6	K	3		9	K	3		12
Ulf Larsson	K	K	3		3	K	3		6	X	0		6	K	3		9	K	3		12
Erik Lindgren	K	K	0		0	K	3		3	M	5		8	X	0		8	K	3		11
Jonas Gyllenhammar	K	X	0		0	X	0		0	K	3		3	K	3	2	8	K	3		11
Gunnar Bergh	M	M	3		3	M	3		6	M	3	1	10	X	0		10	X	0		10
Justina Björk	K	K	3		3	K	0		3	K	3		6	K	3		9	K			9
Per Edlund	L	X	0		0	X	0		0	X	0		0	X	0		0	L	3	4	7
Åsa Berg	L	L	3		3	L	3		6	X	0		6	X	0		6	X	0		6
Hans Selander	K	K	3		3	K	3		6	X	0		6	X	0		6	K			6
Johan Hedin	L	X	0		0	X	0		0	X	0		0	X	0		0	L	3	3	6
Annika Björk	K	K	3		3	K	0		3	X	0		3	X	0		3	K			3
Zea Dumas-Peterson	K	K	3		3	X	0		3	X	0		3	X	0		3	K			3
Annika Zetterqvist	K	X	0		0	X	0		0	K	3		3	X	0		3	K			3
Ingegerd Lusensky	K	X	0		0	X	0		0	K	3		3	X	0		3	K			3

# Jaktstart

WINTERCUPEN etapp 5

## Resultat jaktstart (3 bästa per bana)

### Korta

1	Emil	Gyllenhammar
2	Emil	Lindgren
3	Margareta	Haraldsson

### Mellan

1	Karin	Lindgren
2	Frida	Lindgren
3	Jan Erik	Holm

### Långa

1	Johan	Hedin
2	Per	edlund
3	Roger	Uddmäre

Wintercupen, etapp 5

Sträcktider

må 2009-03-23 17:23

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Pl	Namn	Tid												
<b>Kort (16)</b>														
			1 (32)	2 (35)	3 (33)	4 (44)	5 (34)	6 (45)	7 (31)	8 (42)		M		
1	Gyllenhammar, Emil Sigtuna OK	33:04	6:01	8:40	14:58	16:38	19:19	24:53	27:17	30:58	33:04			
2	Lindgren, Emil Sigtuna OK	37:17	6:08	9:09	17:43	20:17	22:07	29:11	31:23	35:06	37:17			
3	Slagbrand, Johan Sigtuna OK	40:15	6:47	9:56	19:38	22:05	24:07	30:16	32:50	38:17	40:15			
4	Haraldsson, Margareta Sigtuna OK	40:48	7:33	11:03	19:58	22:12	23:57	31:35	33:42	38:03	40:48			
5	Clément, Linda Sigtuna OK	42:51	6:28	12:03	21:50	24:05	26:14	32:23	34:49	40:38	42:51			
6	Klang, Birgitta Långhundra IF	42:54	7:59	12:05	20:45	23:00	25:27	33:31	35:34	39:59	42:54			
7	Björk, Per Sigtuna OK	45:40	7:03	10:51	20:39	22:51	25:13	33:22	36:17	42:39	45:40			
8	Larsson, Ulf Sigtuna OK	46:46	8:49	12:53	21:41	23:48	25:28	33:51	37:30	42:38	46:46			
9	Lindgren, Svante Sigtuna OK	47:36	8:25	12:35	20:55	23:46	26:12	34:04	37:00	45:06	47:36			
10	Johnsson, Malin Sigtuna OK	48:00	7:42	13:58	22:38	24:56	28:03	35:18	39:32	45:13	48:00			
11	Björk, Kevin Sigtuna OK	48:33	8:26	14:23	23:59	25:57	28:34	36:38	39:29	45:45	48:33			
12	Gyllenhammar, Jonas Sigtuna OK	53:56	8:23	14:02	25:23	28:24	33:49	41:39	44:49	51:15	53:56			
13	Johnsson, Andreas Sigtuna OK	55:44	12:48	18:59	30:28	32:43	35:54	42:59	47:23	53:01	55:44			
14	Börjeson, Barbro Sigtuna OK	59:41	11:14	16:12	26:44	29:26	32:07	43:16	47:44	55:39	59:41			
15	Holgersson Rohdin, Lucas Sigtuna OK	1:03:46	8:35	14:44	26:05	29:48	34:04	42:48	48:37	59:53	1:03:46			
16	Andersson, Carina Sigtuna OK	1:05:38	12:53	19:01	31:15	34:06	36:11	46:13	50:38	1:01:36	1:05:38			
<b>Mellan (4)</b>														
			1 (45)	2 (42)	3 (38)	4 (36)	5 (43)	6 (44)	7 (34)	8 (42)		M		
1	Lindgren, Karin Sigtuna OK	44:19	8:51	13:05	23:14	25:36	29:38	34:59	36:54	41:52	44:19			
2	Holm, Jan-Erik Sigtuna OK	44:42	8:58	13:59	23:39	25:44	29:42	35:08	37:12	42:14	44:42			
3	Lindgren, Frida Sigtuna OK	45:30	7:26	16:43	25:42	28:07	31:18	36:01	37:54	43:01	45:30			
4	Bäfverfeldt, Agnes Sigtuna OK	48:23	8:31	13:28	22:36	24:44	30:29	36:28	38:55	46:19	48:23			
<b>Lång (15)</b>														
			1 (35)	2 (33)	3 (34)	4 (41)	5 (38)	6 (33)	7 (42)	8 (39)	9 (37)	10 (36)	11 (43)	M
1	Lindgren, Daniel Sigtuna OK	42:45	4:49	10:16	11:48	17:06	20:38	23:40	26:40	29:56	36:41	37:50	40:05	42:45
2	Edlund, Per Sigtuna OK	43:52	5:26	10:10	11:48	16:38	18:26	21:53	25:24	28:52	35:56	37:47	40:21	43:52



Wintercupen, etapp 4

Sträcktider

sö 2009-02-15 15:28

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Pl	Namn	Tid	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
<b>Kort 4,1 km (20)</b>																		
17																		
1	Slagbrand Johan Sigtuna OK	35:30	1(32) 2:41	2(44) 6:06	3(33) 9:27	4(40) 16:57	5(38) 25:59	6(42) 27:33	7(34) 30:17	M 35:30								
			2:41	3:25	3:21	7:30	9:02	1:34	2:44	5:13								
2	Gyllenhammar Emil Sigtuna OK	35:46	1(32) 2:39	2(44) 5:43	3(33) 8:20	4(40) 15:23	5(38) 25:55	6(42) 27:31	7(34) 30:00	M 35:46								
			2:39	3:04	2:37	7:03	10:32	1:36	2:29	5:46								
3	Clément Linda Sigtuna OK	36:38	1(39) 3:51	2(31) 7:17	3(33) 10:06	4(40) 16:04	5(38) 26:11	6(42) 28:15	7(34) 30:32	M 36:38								
			3:51	3:26	2:49	5:58	10:07	2:04	2:17	6:06								
4	Gyllenhammar Jonas Sigtuna OK	41:34	1(39) 4:29	2(31) 8:03	3(33) 11:13	4(40) 18:21	5(38) 28:41	6(42) 30:44	7(34) 33:33	M 41:34								
			4:29	3:34	3:10	7:08	10:20	2:03	2:49	8:01								
5	von Heijne Eva Sigtuna OK	41:36	1(32) 4:02	2(44) 8:09	3(33) 11:28	4(40) 18:41	5(38) 29:44	6(42) 31:53	7(34) 34:54	M 41:36								
			4:02	4:07	3:19	7:13	11:03	2:09	3:01	6:42								
6	Sahlberg Hans Långhundra IF	41:46	1(39) 4:51	2(31) 8:25	3(33) 11:59	4(40) 18:25	5(38) 29:59	6(42) 32:27	7(34) 35:01	M 41:46								
			4:51	3:34	3:34	6:26	11:34	2:28	2:34	6:45								
7	Haraldsson Margareta Sigtuna OK	46:57	1(39) 5:23	2(31) 9:46	3(33) 15:45	4(40) 23:09	5(38) 34:11	6(42) 36:14	7(34) 39:16	M 46:57								
			5:23	4:23	5:59	7:24	11:02	2:03	3:02	7:41								
8	Johnsson Malin Sigtuna OK	47:01	1(32) 3:39	2(44) 8:32	3(33) 11:47	4(40) 20:10	5(38) 33:27	6(42) 35:42	7(34) 38:48	M 47:01								
			3:39	4:53	3:15	8:23	13:17	2:15	3:06	8:13								
9	Holgersson Rohdin Lucas Sigtuna OK	47:03	1(32) 3:45	2(44) 7:58	3(33) 11:17	4(40) 19:59	5(38) 32:57	6(42) 35:34	7(34) 38:39	M 47:03								
			3:45	4:13	3:19	8:42	12:58	2:37	3:05	8:24								
10	Jönsson Tore Sigtuna OK	51:37	1(32) 4:00	2(44) 8:18	3(33) 11:36	4(40) 18:51	5(38) 35:38	6(42) 37:56	7(34) 43:39	M 51:37								
			4:00	4:18	3:18	7:15	16:47	2:18	5:43	7:58								
11	Larsson Ulf Sigtuna OK	52:02	1(39) 6:23	2(31) 11:05	3(33) 15:16	4(40) 23:23	5(38) 35:11	6(42) 37:33	7(34) 43:05	M 52:02								
			6:23	4:42	4:11	8:07	11:48	2:22	5:32	8:57								
12	Björk Justina Sigtuna OK	55:10	1(39) 5:47	2(31) 10:41	3(33) 15:24	4(40) 22:57	5(38) 37:27	6(42) 40:03	7(34) 44:30	M 55:10								
			5:47	4:54	4:43	7:33	14:30	2:36	4:27	10:40								
13	Björk Per Sigtuna OK	55:13	1(39) 5:43	2(31) 10:44	3(33) 15:28	4(40) 22:46	5(38) 37:14	6(42) 39:50	7(34) 44:23	M 55:13								
			5:43	5:01	4:44	7:18	14:28	2:36	4:33	10:50								
14	Blomqvist Börje Sigtuna OK	56:07	1(39) 7:36	2(31) 12:55	3(33) 17:36	4(40) 26:23	5(38) 40:51	6(42) 43:24	7(34) 46:37	M 56:07								
			7:36	5:19	4:41	8:47	14:28	2:33	3:13	9:30								
15	Klang Birgitta Långhundra IF	58:47	1(32) 4:32	2(44) 13:24	3(33) 17:43	4(40) 29:25	5(38) 42:28	6(42) 45:42	7(34) 49:07	M 58:47								
			4:32	8:52	4:19	11:42	13:03	3:14	3:25	9:40								
15	Sahlberg Gun Inger Långhundra IF	58:47	1(32) 4:30	2(44) 13:26	3(33) 17:44	4(40) 29:26	5(38) 42:26	6(42) 45:40	7(34) 49:04	M 58:47								
			4:30	8:56	4:18	11:42	13:00	3:14	3:24	9:43								
17	Johnsson Andreas Sigtuna OK	59:05	1(39) 6:51	2(31) 13:50	3(33) 19:09	4(40) 29:15	5(38) 43:37	6(42) 46:58	7(34) 50:59	M 59:05								
			6:51	6:59	5:19	10:06	14:22	3:21	4:01	8:06								
18	Andersson Carina Sigtuna OK	1:00:52	1(39) 6:54	2(31) 13:51	3(33) 19:12	4(40) 29:28	5(38) 43:39	6(42) 47:00	7(34) 51:03	M 1:00:52								
			6:54	6:57	5:21	10:16	14:11	3:21	4:03	9:49								
19	Börjeson Barbro	1:08:52	1(39)	2(31)	3(33)	4(40)	5(38)	6(42)	7(34)	M								

\*48  
32:08

Sigtuna OK		6:38	12:42	18:25	29:31	51:13	54:20	58:35	1:08:52										
20 Lindgren Svante	1:09:57	6:38	6:04	5:43	11:06	21:42	3:07	4:15	10:17										
Sigtuna OK		1(32)	2(44)	3(33)	4(40)	5(38)	6(42)	7(34)	M										
		5:58	12:57	18:58	29:43	49:20	53:08	57:10	1:09:57										
		5:58	6:59	6:01	10:45	19:37	3:48	4:02	12:47										

Mellan 4,7 km (5)

17

		1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
1 Gyllenhammar Anton	43:16	1(39)	2(31)	3(33)	4(40)	5(47)	6(48)	7(38)	8(42)	9(34)	M						
Sigtuna OK		3:38	7:04	9:52	16:03	20:21	29:51	32:42	34:37	37:05	43:16						
		3:38	3:26	2:48	6:11	4:18	9:30	2:51	1:55	2:28	6:11						
2 Malm J-O	47:25	1(32)	2(44)	3(33)	4(40)	5(47)	6(48)	7(38)	8(42)	9(34)	M						
Sigtuna OK		3:47	7:42	11:15	18:11	23:24	32:25	35:33	37:48	40:41	47:25						
		3:47	3:55	3:33	6:56	5:13	9:01	3:08	2:15	2:53	6:44						
3 Lindgren Karin	51:27	1(39)	2(31)	3(33)	4(40)	5(47)	6(48)	7(38)	8(42)	9(34)	M						
Sigtuna OK		4:32	8:05	11:07	18:33	23:39	32:52	35:49	38:02	43:48	51:27						
		4:32	3:33	3:02	7:26	5:06	9:13	2:57	2:13	5:46	7:39						
4 Holm Jan-Erik	51:40	1(32)	2(44)	3(33)	4(40)	5(47)	6(48)	7(38)	8(42)	9(34)	M						
Sigtuna OK		4:05	8:00	11:10	18:46	24:20	34:40	38:11	40:19	43:33	51:40						
		4:05	3:55	3:10	7:36	5:34	10:20	3:31	2:08	3:14	8:07						
Bäfverfeldt Agnes	ej fullf.	1(39)	2(31)	3(33)	4(40)	5(47)	6(48)	7(38)	8(42)	9(34)	M						
Sigtuna OK		4:16	7:51	10:55	18:02	23:36	-----	-----	-----	-----	43:27						
		4:16	3:35	3:04	7:07	5:34					19:51						

Lång 6,6 km (9)

17

		1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
1 Kugler Johan	47:58	1(32)	2(44)	3(33)	4(37)	5(45)	6(46)	7(41)	8(43)	9(35)	10(36)	11(42)	M				
Sigtuna OK		2:51	5:41	8:11	14:53	18:19	22:43	28:33	31:24	32:20	35:36	43:44	47:58				
		2:51	2:50	2:30	6:42	3:26	4:24	5:50	2:51	0:56	3:16	8:08	4:14				
2 Olofsson P-O	57:58	1(32)	2(44)	3(33)	4(37)	5(45)	6(46)	7(41)	8(43)	9(35)	10(36)	11(42)	M				
Sigtuna OK		3:10	6:19	9:03	17:18	21:31	27:28	34:37	39:31	40:45	43:21	53:03	57:58				
		3:10	3:09	2:44	8:15	4:13	5:57	7:09	4:54	1:14	2:36	9:42	4:55				
3 Bäcklin Roland	58:58	1(39)	2(31)	3(33)	4(37)	5(45)	6(46)	7(41)	8(43)	9(35)	10(36)	11(42)	M				
Sigtuna OK		3:56	8:07	10:36	18:41	23:11	30:05	37:33	41:39	42:48	45:27	54:21	58:58				
		3:56	4:11	2:29	8:05	4:30	6:54	7:28	4:06	1:09	2:39	8:54	4:37				
4 Törnqvist Bengt-Olov	59:11	1(32)	2(44)	3(33)	4(37)	5(45)	6(46)	7(41)	8(43)	9(35)	10(36)	11(42)	M				
Sigtuna OK		3:32	7:14	9:59	18:55	22:44	28:32	34:58	38:42	39:41	41:56	52:53	59:11				
		3:32	3:42	2:45	8:56	3:49	5:48	6:26	3:44	0:59	2:15	10:57	6:18				
5 Gatelid Åke	1:00:41	1(39)	2(31)	3(33)	4(37)	5(45)	6(46)	7(41)	8(43)	9(35)	10(36)	11(42)	M				
Sigtuna OK		4:25	7:57	10:48	18:40	22:41	29:10	36:41	40:44	41:55	45:04	55:30	1:00:41				
		4:25	3:32	2:51	7:52	4:01	6:29	7:31	4:03	1:11	3:09	10:26	5:11				
6 Nordström Stefan	1:03:18	1(39)	2(31)	3(33)	4(37)	5(45)	6(46)	7(41)	8(43)	9(35)	10(36)	11(42)	M				
Sigtuna OK		4:21	7:44	10:53	20:19	24:40	31:13	38:22	42:45	44:02	46:40	58:09	1:03:18				
		4:21	3:23	3:09	9:26	4:21	6:33	7:09	4:23	1:17	2:38	11:29	5:09				
7 Uddmäre Roger	1:08:45	1(32)	2(44)	3(33)	4(37)	5(45)	6(46)	7(41)	8(43)	9(35)	10(36)	11(42)	M				
Sigtuna OK		3:42	7:24	10:08	18:45	23:08	29:38	37:39	44:18	45:52	49:36	1:03:05	1:08:45				
		3:42	3:42	2:44	8:37	4:23	6:30	8:01	6:39	1:34	3:44	13:29	5:40				
8 Johnsson Mikael	1:16:31	1(39)	2(31)	3(33)	4(37)	5(45)	6(46)	7(41)	8(43)	9(35)	10(36)	11(42)	M				
Sigtuna OK		5:05	8:37	11:55	22:19	28:15	35:31	45:29	51:14	52:43	58:33	1:11:16	1:16:31				
		5:05	3:32	3:18	10:24	5:56	7:16	9:58	5:45	1:29	5:50	12:43	5:15				
9 Holm Per-Åke	1:16:45	1(32)	2(44)	3(33)	4(37)	5(45)	6(46)	7(41)	8(43)	9(35)	10(36)	11(42)	M				
Sigtuna OK		3:34	7:12	10:46	25:32	30:30	37:43	48:31	55:17	57:33	1:00:27	1:11:35	1:16:45				
		3:34	3:38	3:34	14:46	4:58	7:13	10:48	6:46	2:16	2:54	11:08	5:10				

Pl	Namn	Tid											
<b>Kort (18)</b>			<b>4200 m</b>										
			1 (41)	2 (39)	3 (32)	4 (42)	5 (34)	6 (31)	7 (45)	8 (40)	9 (33)	M	
1	Gyllenhammar, Emil Sigtuna OK	40:41	1:32	6:12	9:18	14:08	21:26	27:15	31:45	36:44	39:42	40:41	
2	Lindgren, Frida Sigtuna OK	43:45	2:11	8:34	12:38	17:42	20:49	27:54	33:54	38:40	42:29	43:45	
3	Lindgren, Emil Sigtuna OK	46:21	2:36	8:35	12:55	17:45	21:22	31:32	37:37	42:48	45:25	46:21	
4	Clément, Linda Sigtuna OK	49:47	2:21	7:53	10:59	18:13	20:50	31:31	37:20	45:14	48:45	49:47	
5	Holgersson Rohdin, Lucas Sigtuna OK	51:08	2:30	9:14	17:26	25:19	28:29	36:56	42:39	46:44	50:12	51:08	
6	Johnsson, Malin Sigtuna OK	51:20	3:12	11:56	16:01	21:06	24:10	31:17	37:26	45:08	50:04	51:20	
7	von Heijne, Eva Sigtuna OK	52:14	2:47	9:04	14:28	19:35	24:20	33:42	40:45	47:08	50:57	52:14	
8	Zetterqvist, Annika Krist Sigtuna OK	53:28	2:52	9:55	14:21	22:32	25:38	35:25	43:03	48:36	52:13	53:28	
9	Gyllenhammar, Jonas Sigtuna OK	54:24	3:10	10:24	16:39	22:52	30:11	39:40	45:22	49:49	53:20	54:24	
10	Bergh, Ingrid Sigtuna OK	56:46	5:01	12:31	19:05	28:33	32:06	40:18	46:49	51:45	55:32	56:46	
11	Björk, Per Sigtuna OK	56:47	2:12	12:48	17:50	26:19	33:39	42:56	48:19	53:08	55:52	56:47	
12	Björk, Kevin Sigtuna OK	57:16	2:08	12:43	17:53	26:25	33:40	42:53	48:37	53:05	56:08	57:16	
13	Klang, Birgitta Långhundra IF	58:31	3:09	10:18	14:31	20:04	23:17	32:32	39:23	51:58	56:42	58:31	
14	Andersson, Carina Sigtuna OK	1:00:38	2:35	10:55	16:59	24:44	28:48	38:46	47:35	54:58	59:21	1:00:38	
15	Börjeson, Barbro Sigtuna OK	1:01:26	3:17	11:15	16:15	25:39	30:53	41:40	49:29	55:15	59:55	1:01:26	
16	Lusensky, Ingegerd Sigtuna OK	1:02:56	2:35	12:05	16:09	23:24	26:19	36:45	43:38	56:37	1:01:10	1:02:56	
17	Björk, Justina Sigtuna OK	1:38:56	4:26	14:30	24:57	41:15	51:57	1:10:59	1:24:19	1:33:46	1:37:42	1:38:56	
18	Lindgren, Svante Sigtuna OK	2:01:04	3:12	45:43	51:52	1:12:08	1:16:51	1:32:25	1:42:56	1:51:37	1:58:17	2:01:04	
<b>Mellan (9)</b>			<b>5900 m</b>										
			1 (39)	2 (38)	3 (36)	4 (35)	5 (34)	6 (32)	7 (41)	8 (40)	9 (44)	10 (33)	M
1	von Heijne, Sten Sigtuna OK	1:06:17	6:26	11:33	21:59	33:26	38:34	44:02	51:23	1:00:49	1:02:45	1:05:06	1:06:17
2	Bärfverfeldt, Agnes Sigtuna OK	1:06:48	5:36	10:35	20:38	33:10	37:53	44:16	50:13	1:01:54	1:04:17	1:05:57	1:06:48
3	Gyllenhammar, Anton Sigtuna OK	1:08:41	5:33	10:43	20:29	34:28	38:58	47:56	52:56	1:04:07	1:06:02	1:07:51	1:08:41
4	Holm, Jan-Erik Sigtuna OK	1:10:19	6:02	15:05	26:07	37:18	42:38	48:08	54:43	1:05:02	1:06:58	1:09:04	1:10:19
5	Bergh, Gunnar Sigtuna OK	1:10:54	5:41	11:30	22:34	34:40	39:54	45:30	52:13	1:04:07	1:07:12	1:09:36	1:10:54
6	Lindgren, Karin Sigtuna OK	1:23:20	5:50	13:05	30:05	47:13	52:17	58:49	1:05:34	1:16:34	1:19:03	1:22:03	1:23:20
7	Lindgren, Erik Sigtuna OK	1:27:33	5:18	10:46	26:02	48:48	59:14	1:05:26	1:11:26	1:22:10	1:24:13	1:26:40	1:27:33

Slagbrand, Johan	ej fullf.	8:59	17:15	-----	-----	32:17	54:05	1:03:51	1:29:42	-----	-----	1:41:18
Sigtuna OK		8:59	8:16			15:02	21:48	9:46	25:51			11:36
Slagbrand, Per	ej fullf.	8:58	16:48	-----	-----	32:10	54:05	1:03:51	1:29:45	-----	-----	1:41:03
Sigtuna OK		8:58	7:50			15:22	21:55	9:46	25:54			11:18

Lång (9)

8000 m

		1 (31)	2 (38)	3 (35)	4 (36)	5 (46)	6 (43)	7 (37)	8 (34)	9 (42)	10 (32)	11 (41)	12 (44)	13 (40)	14 (33)	M
1	Kügler, Johan	3:15	10:28	18:20	24:46	27:51	31:52	33:48	42:17	44:49	47:56	52:05	1:00:15	1:01:52	1:04:23	1:05:25
	Sigtuna OK	3:15	7:13	7:52	6:26	3:05	4:01	1:56	8:29	2:32	3:07	4:09	8:10	1:37	2:31	1:02
2	Landström, Lars	4:55	12:18	20:31	28:53	33:02	36:37	38:33	46:43	49:07	53:03	58:51	1:06:38	1:08:49	1:11:57	1:12:55
	Långhundra IF	4:55	7:23	8:13	8:22	4:09	3:35	1:56	8:10	2:24	3:56	5:48	7:47	2:11	3:08	0:58
3	Lindgren, Tommy	3:26	10:11	20:17	27:34	31:54	38:01	40:00	49:26	51:48	55:23	1:00:24	1:09:23	1:11:29	1:14:44	1:16:08
	Sigtuna OK	3:26	6:45	10:06	7:17	4:20	6:07	1:59	9:26	2:22	3:35	5:01	8:59	2:06	3:15	1:24
4	Gatelid, Åke	3:33	11:19	21:01	29:33	33:20	37:12	39:15	48:35	51:16	55:45	1:01:05	1:10:36	1:13:13	1:17:31	1:18:39
	Sigtuna OK	3:33	7:46	9:42	8:32	3:47	3:52	2:03	9:20	2:41	4:29	5:20	9:31	2:37	4:18	1:08
5	Olofsson, P-O	3:42	11:34	24:36	33:52	39:51	42:55	45:37	55:02	57:45	1:05:14	1:11:08	1:20:27	1:22:10	1:25:02	1:26:15
	Sigtuna OK	3:42	7:52	13:02	9:16	5:59	3:04	2:42	9:25	2:43	7:29	5:54	9:19	1:43	2:52	1:13
6	Törnqvist, Bengt-Olov	3:13	10:39	22:20	29:25	34:47	43:38	45:38	55:15	58:06	1:04:05	1:09:24	1:21:04	1:23:09	1:26:11	1:27:22
	Sigtuna OK	3:13	7:26	11:41	7:05	5:22	8:51	2:00	9:37	2:51	5:59	5:19	11:40	2:05	3:02	1:11
7	Bäcklin, Roland	3:31	11:30	22:08	34:16	38:57	42:58	45:33	58:42	1:01:44	1:06:31	1:12:15	1:23:00	1:25:42	1:29:43	1:31:03
	Sigtuna OK	3:31	7:59	10:38	12:08	4:41	4:01	2:35	13:09	3:02	4:47	5:44	10:45	2:42	4:01	1:20
8	Holm, Per-Åke	3:32	13:14	28:53	37:21	45:48	49:03	51:40	1:08:26	1:12:54	1:18:36	1:25:48	1:37:25	1:39:41	1:43:14	1:44:34
	Sigtuna OK	3:32	9:42	15:39	8:28	8:27	3:15	2:37	16:46	4:28	5:42	7:12	11:37	2:16	3:33	1:20
9	Johnsson, Mikael	4:35	15:19	28:28	38:17	44:33	58:34	1:01:12	1:18:04	1:22:34	1:28:09	1:35:29	1:47:14	1:49:25	1:52:59	1:54:10
	Sigtuna OK	4:35	10:44	13:09	9:49	6:16	14:01	2:38	16:52	4:30	5:35	7:20	11:45	2:11	3:34	1:11



Pl	Namn	Tid										
<b>Kort (20)</b>			<b>4300 m</b>									
			1 (32)	2 (33)	3 (34)	4 (38)	5 (37)	6 (44)	7 (43)	8 (45)	9 (46)	M
1	Linda Clément Sigtuna OK	45:37	2:11	5:20	10:57	15:36	21:23	29:18	35:34	40:26	43:49	45:37
2	Emil Gyllenhammar Sigtuna OK	46:26	2:04	3:41	9:18	13:20	21:11	30:43	34:55	40:13	44:21	46:26
3	Johan Slagbrand Sigtuna OK	46:29	4:10	7:10	12:43	17:26	23:18	31:07	37:30	42:13	45:05	46:29
4	Per Slagbrand Sigtuna OK	49:22	4:39	6:42	12:17	16:20	24:09	33:44	37:54	43:12	47:18	49:22
5	Margareta Haraldsson Sigtuna OK	51:19	3:10	6:18	13:05	19:02	24:10	34:08	39:11	44:54	49:00	51:19
6	Emil Lindgren Sigtuna OK	52:58	2:32	5:55	11:53	18:12	22:06	32:41	38:24	47:04	51:01	52:58
7	Ulf Larsson Sigtuna OK	58:47	3:36	6:19	14:29	21:48	28:23	39:01	44:11	50:58	55:52	58:47
8	Svante Lindgren Sigtuna OK	1:00:10	3:28	6:31	13:50	22:43	28:03	38:09	44:21	54:01	58:21	1:00:10
8	Andreas Johnsson Sigtuna OK	1:00:10	3:29	6:33	13:52	22:43	28:05	38:11	44:21	54:01	58:18	1:00:10
10	Ingrid Bergh Sigtuna OK	1:01:16	2:54	8:20	14:37	19:55	25:12	34:31	44:43	55:02	59:06	1:01:16
11	Per Björk Sigtuna OK	1:02:42	4:41	8:57	15:40	22:32	28:55	43:14	49:04	55:41	1:00:46	1:02:42
12	Hans Sahlberg Långhundra IF	1:03:13	3:45	6:46	14:57	21:30	28:22	40:33	46:14	54:19	59:55	1:03:13
13	Börje Blomqvist Sigtuna OK	1:03:23	3:50	6:55	15:16	22:18	29:17	42:08	47:58	54:48	1:00:46	1:03:23
14	Kevin Björk Sigtuna OK	1:05:00	3:05	9:25	16:34	23:34	28:38	40:52	49:48	58:42	1:03:02	1:05:00
15	Lucas Holgersson Rohdin Sigtuna OK	1:05:59	3:11	13:45	20:48	27:52	33:40	44:57	53:38	1:00:28	1:04:15	1:05:59
16	Barbro Börjeson Sigtuna OK	1:18:32	5:54	9:29	28:15	36:23	44:25	58:02	1:03:55	1:10:51	1:16:03	1:18:32
	Hans Selander Sigtuna OK	Felst.	3:45	7:28	-----	-----	-----	25:39	44:54	53:16	58:46	1:01:51
	Eva von Heijne Sigtuna OK	Felst.	3:01	6:11	12:21	17:26	22:25	34:29	42:16	-----	-----	57:00
	Malin Johnsson Sigtuna OK	Felst.	3:57	9:24	15:34	21:27	-----	-----	-----	-----	-----	50:32
	Gun Inger Sahlberg Långhundra IF	Felst.	3:00	6:11	15:38	21:33	26:41	-----	-----	-----	-----	50:14
			3:00	3:11	9:27	5:55	5:08					23:33
												4:36
												*31

<b>Mellan (11)</b>			<b>5900 m</b>										
			1 (31)	2 (36)	3 (38)	4 (35)	5 (39)	6 (42)	7 (43)	8 (44)	9 (45)	10 (46)	M
1	Anton Gyllenhammar Sigtuna OK	57:25	3:14	11:24	15:14	25:58	29:59	36:02	45:01	47:42	52:17	55:38	57:25
2	J-O Malm Sigtuna OK	1:00:24	3:35	9:23	14:10	25:17	29:36	36:14	46:00	49:12	54:24	58:19	1:00:24
3	Agnes Bäfverfeldt Sigtuna OK	1:02:05	3:49	10:30	14:44	26:22	30:06	36:21	45:47	49:21	55:49	1:00:09	1:02:05
4	Sten von Heijne Sigtuna OK	1:03:32	3:40	9:54	14:19	25:59	30:15	37:18	47:19	51:02	57:21	1:01:14	1:03:32
5	Frida Lindgren	1:05:01	3:39	11:42	15:49	27:10	31:03	37:43	47:23	52:34	58:38	1:02:59	1:05:01

Sigtuna OK		3:39	8:03	4:07	11:21	3:53	6:40	9:40	5:11	6:04	4:21	2:02
6 Karin Lindgren	1:06:09	4:24	11:51	16:40	28:46	33:45	40:04	49:22	54:15	59:56	1:04:03	1:06:09
Sigtuna OK		4:24	7:27	4:49	12:06	4:59	6:19	9:18	4:53	5:41	4:07	2:06
7 Gunnar Bergh	1:09:04	3:33	10:16	14:55	26:55	32:09	39:12	50:01	55:47	1:02:50	1:06:56	1:09:04
Sigtuna OK		3:33	6:43	4:39	12:00	5:14	7:03	10:49	5:46	7:03	4:06	2:08
8 Birgitta Klang	1:13:59	4:59	12:41	17:27	30:52	35:16	43:09	55:10	59:33	1:06:11	1:11:10	1:13:59
Långhundra IF		4:59	7:42	4:46	13:25	4:24	7:53	12:01	4:23	6:38	4:59	2:49
9 Jan-Erik Holm	1:17:32	5:52	12:47	16:55	28:54	33:30	47:04	58:15	1:03:09	1:10:24	1:15:09	1:17:32
Sigtuna OK		5:52	6:55	4:08	11:59	4:36	13:34	11:11	4:54	7:15	4:45	2:23
10 Ulf Skogtjärn	1:25:51	6:18	16:06	21:30	35:33	40:27	53:55	1:06:32	1:10:23	1:17:52	1:23:11	1:25:51
OK Linné		6:18	9:48	5:24	14:03	4:54	13:28	12:37	3:51	7:29	5:19	2:40
Carina Andersson	Felst.	6:06	18:24	35:20	54:32	1:02:33	1:13:18	1:41:14	-----	1:58:01	2:03:08	2:05:35
Sigtuna OK		6:06	12:18	16:56	19:12	8:01	10:45	27:56		16:47	5:07	2:27

Lång (11)	7200 m	1 (33)	2 (34)	3 (38)	4 (35)	5 (40)	6 (41)	7 (42)	8 (43)	9 (44)	10 (45)	11 (46)	M
1 Tommy Lindgren	55:39	2:39	7:02	11:17	19:56	23:11	28:21	36:39	43:54	46:10	50:36	53:43	55:39
Sigtuna OK		2:39	4:23	4:15	8:39	3:15	5:10	8:18	7:15	2:16	4:26	3:07	1:56
2 Bengt-Olov Törnqvist	1:03:01	3:21	8:46	13:30	22:21	26:01	31:57	41:47	50:31	52:54	57:33	1:01:15	1:03:01
Sigtuna OK		3:21	5:25	4:44	8:51	3:40	5:56	9:50	8:44	2:23	4:39	3:42	1:46
3 Lars Landström	1:04:44	3:42	8:47	13:20	22:25	26:45	32:27	42:42	52:12	54:49	59:31	1:02:45	1:04:44
Långhundra IF		3:42	5:05	4:33	9:05	4:20	5:42	10:15	9:30	2:37	4:42	3:14	1:59
4 Peter Landenmark	1:07:04	3:19	8:23	12:22	21:29	25:34	33:58	43:45	52:42	55:37	1:00:09	1:05:05	1:07:04
Sigtuna OK		3:19	5:04	3:59	9:07	4:05	8:24	9:47	8:57	2:55	4:32	4:56	1:59
5 Åke Gatelid	1:08:52	3:59	9:55	14:22	23:31	27:10	35:19	46:32	55:52	58:18	1:03:16	1:06:51	1:08:52
Sigtuna OK		3:59	5:56	4:27	9:09	3:39	8:09	11:13	9:20	2:26	4:58	3:35	2:01
6 Stefan Nordström	1:10:42	4:19	11:27	15:59	27:31	32:27	38:29	48:20	57:20	1:00:01	1:05:16	1:08:59	1:10:42
Sigtuna OK		4:19	7:08	4:32	11:32	4:56	6:02	9:51	9:00	2:41	5:15	3:43	1:43
7 Roland Bäcklin	1:14:35	5:02	10:14	14:09	24:17	30:45	39:55	50:35	59:49	1:02:27	1:08:20	1:12:38	1:14:35
Sigtuna OK		5:02	5:12	3:55	10:08	6:28	9:10	10:40	9:14	2:38	5:53	4:18	1:57
8 Åsa Berg	1:14:59	3:43	9:45	13:55	27:18	34:12	40:51	51:47	1:01:06	1:03:48	1:09:10	1:12:52	1:14:59
Sigtuna OK		3:43	6:02	4:10	13:23	6:54	6:39	10:56	9:19	2:42	5:22	3:42	2:07
9 Per-Åke Holm	1:18:21	8:27	14:03	19:00	28:38	33:38	42:04	54:00	1:04:15	1:07:01	1:12:00	1:16:05	1:18:21
Sigtuna OK		8:27	5:36	4:57	9:38	5:00	8:26	11:56	10:15	2:46	4:59	4:05	2:16
10 Mikael Johnsson	1:36:54	4:52	11:03	17:05	32:35	37:50	47:41	1:04:02	1:15:27	1:23:20	1:29:32	1:34:10	1:36:54
Sigtuna OK		4:52	6:11	6:02	15:30	5:15	9:51	16:21	11:25	7:53	6:12	4:38	2:44
Roger Uddmäre	Felst.	3:45	8:44	-----	21:36	25:22	31:42	42:58	51:30	-----	57:39	-----	1:02:36
Sigtuna OK		3:45	4:59		12:52	3:46	6:20	11:16	8:32		6:09		4:57

2:19  
\*31

Wintercupen, etapp 1

Sträcktider

sö 2008-11-23 16:08

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Pl	Namn	Tid											
<b>Kort (21)</b>			<b>3900 m</b>										
			1 (36)	2 (44)	3 (42)	4 (41)	5 (38)	6 (39)	7 (46)	8 (43)	M		
1	Johan Slagbrand Sigtuna OK	38:26	4:13	8:51	11:04	19:27	21:14	26:29	30:18	35:54	38:26	17:52	
			4:13	4:38	2:13	8:23	1:47	5:15	3:49	5:36	2:32	*38	
2	Linda Clément Sigtuna OK	38:27	4:22	8:53	10:53	19:36	21:11	26:22	30:20	35:56	38:27		
			4:22	4:31	2:00	8:43	1:35	5:11	3:58	5:36	2:31		
3	Emil Gyllenhammar Sigtuna OK	38:55	4:10	8:55	10:52	19:35	21:18	26:26	30:23	35:58	38:55		
			4:10	4:45	1:57	8:43	1:43	5:08	3:57	5:35	2:57		
4	Margareta Haraldsson Sigtuna OK	45:09	5:48	10:58	13:41	24:56	26:54	32:15	36:27	42:01	45:09		
			5:48	5:10	2:43	11:15	1:58	5:21	4:12	5:34	3:08		
5	Eva von Heijne Sigtuna OK	45:10	5:38	11:23	14:46	25:01	26:59	32:08	37:20	42:10	45:10		
			5:38	5:45	3:23	10:15	1:58	5:09	5:12	4:50	3:00		
6	Per Björk Sigtuna OK	45:39	4:53	11:21	15:48	25:24	27:25	32:25	36:09	42:51	45:39		
			4:53	6:28	4:27	9:36	2:01	5:00	3:44	6:42	2:48		
7	Zea Dumas-Peterson Sigtuna OK	45:47	4:58	11:32	15:18	25:44	27:21	32:23	37:23	42:26	45:47		
			4:58	6:34	3:46	10:26	1:37	5:02	5:00	5:03	3:21		
8	Birgitta Klang Långhundra IF	46:33	5:53	11:08	13:48	24:40	26:48	31:55	37:18	42:45	46:33		
			5:53	5:15	2:40	10:52	2:08	5:07	5:23	5:27	3:48		
9	Andreas Johnsson Sigtuna OK	53:48	5:40	11:56	22:48	33:49	35:25	40:17	45:47	51:09	53:48		
			5:40	6:16	10:52	11:01	1:36	4:52	5:30	5:22	2:39		
10	Svante Lindgren Sigtuna OK	53:50	5:41	11:53	22:45	33:45	35:27	40:20	45:45	51:06	53:50		
			5:41	6:12	10:52	11:00	1:42	4:53	5:25	5:21	2:44		
11	Ingrid Bergh Sigtuna OK	56:43	6:45	12:19	16:03	29:44	34:50	40:18	46:44	52:05	56:43		
			6:45	5:34	3:44	13:41	5:06	5:28	6:26	5:21	4:38		
12	Lucas Holgersson Rohdin Sigtuna OK	57:49	6:48	16:15	22:29	32:19	34:28	40:09	48:26	54:51	57:49		
			6:48	9:27	6:14	9:50	2:09	5:41	8:17	6:25	2:58		
13	Börje Blomqvist Sigtuna OK	58:56	7:27	16:09	19:56	33:20	35:30	42:09	49:13	55:13	58:56		
			7:27	8:42	3:47	13:24	2:10	6:39	7:04	6:00	3:43		
14	Barbro Börjeson Sigtuna OK	1:02:10	6:50	13:45	17:55	33:38	37:19	45:23	51:35	58:14	1:02:10		
			6:50	6:55	4:10	15:43	3:41	8:04	6:12	6:39	3:56		
15	Malin Johnsson Sigtuna OK	1:02:12	5:42	12:03	22:53	37:42	39:10	44:33	51:08	59:06	1:02:12		
			5:42	6:21	10:50	14:49	1:28	5:23	6:35	7:58	3:06		
16	Ulf Larsson Sigtuna OK	1:02:41	7:35	14:21	17:45	31:19	34:22	40:30	47:34	57:22	1:02:41		
			7:35	6:46	3:24	13:34	3:03	6:08	7:04	9:48	5:19		
17	Kevin Björk Sigtuna OK	1:12:08	5:37	12:05	17:38	29:55	31:59	49:09	57:42	1:09:03	1:12:08		
			5:37	6:28	5:33	12:17	2:04	17:10	8:33	11:21	3:05		
	Justina Björk Sigtuna OK	Ej godk.	7:39	21:13	36:05	-----	-----	-----	-----	-----	1:07:38		
			7:39	13:34	14:52						31:33		
	Hans Selander Sigtuna OK	Ej godk.	8:26	-----	30:09	-----	-----	-----	-----	41:42	46:20	14:32	22:07
			8:26		21:43					11:33	4:38	*46	*39
	Emil Lindgren Sigtuna OK	Ej godk.	5:15	11:47	15:40	27:30	-----	38:45	43:41	50:31	53:37	25:22	
			5:15	6:32	3:53	11:50		11:15	4:56	6:50	3:06	*38	
	Annika Björk Sigtuna OK	Ej godk.	7:41	21:14	36:07	-----	-----	-----	-----	-----	1:07:52		
			7:41	13:33	14:53						31:45		

<b>Mellan (11)</b>			<b>5800 m</b>											
			1 (47)	2 (45)	3 (32)	4 (33)	5 (40)	6 (41)	7 (38)	8 (42)	9 (49)	10 (36)	11 (43)	M
1	Åke Gatelid Sigtuna OK	54:28	8:21	13:46	17:04	19:21	23:37	32:08	34:12	40:48	45:11	49:01	51:16	54:28
			8:21	5:25	3:18	2:17	4:16	8:31	2:04	6:36	4:23	3:50	2:15	3:12
2	Anton Gyllenhammar Sigtuna OK	57:06	8:23	14:22	18:24	21:06	25:57	33:03	34:33	41:47	48:30	52:24	54:48	57:06
			8:23	5:59	4:02	2:42	4:51	7:06	1:30	7:14	6:43	3:54	2:24	2:18
3	Agnes Bäfverfeldt Sigtuna OK	57:11	7:46	14:10	18:38	21:29	26:16	33:17	35:00	42:58	48:34	52:04	54:32	57:11
			7:46	6:24	4:28	2:51	4:47	7:01	1:43	7:58	5:36	3:30	2:28	2:39
4	Karin Lindgren	57:29	7:52	13:42	17:31	20:24	25:03	33:36	35:21	43:13	47:42	51:37	54:37	57:29

Sigtuna OK		7:52	5:50	3:49	2:53	4:39	8:33	1:45	7:52	4:29	3:55	3:00	2:52		
5 J-O Malm	58:06	8:18	14:51	18:34	21:17	26:03	34:23	36:34	44:11	48:38	52:15	54:46	58:06		
Sigtuna OK		8:18	6:33	3:43	2:43	4:46	8:20	2:11	7:37	4:27	3:37	2:31	3:20		
6 Sten von Heijne	58:27	8:48	14:56	18:47	21:25	26:06	34:00	35:48	43:26	49:10	52:57	55:21	58:27		
Sigtuna OK		8:48	6:08	3:51	2:38	4:41	7:54	1:48	7:38	5:44	3:47	2:24	3:06		
7 Jan-Erik Holm	58:59	8:26	15:00	18:54	21:45	26:19	33:56	35:46	44:07	48:46	52:51	55:41	58:59		
Sigtuna OK		8:26	6:34	3:54	2:51	4:34	7:37	1:50	8:21	4:39	4:05	2:50	3:18		
8 Per-Åke Holm	1:07:14	8:08	13:44	17:41	20:18	24:54	36:37	38:12	45:35	53:20	56:44	1:04:12	1:07:14		
Sigtuna OK		8:08	5:36	3:57	2:37	4:36	11:43	1:35	7:23	7:45	3:24	7:28	3:02		
9 Gunnar Bergh	1:07:37	8:28	15:05	19:20	21:58	26:36	37:22	38:54	47:25	52:29	56:35	1:04:19	1:07:37		
Sigtuna OK		8:28	6:37	4:15	2:38	4:38	10:46	1:32	8:31	5:04	4:06	7:44	3:18		
10 Frida Lindgren	1:19:47	9:41	17:18	22:43	25:57	31:52	42:08	44:22	53:10	1:08:40	1:12:58	1:15:50	1:19:47		
Sigtuna OK		9:41	7:37	5:25	3:14	5:55	10:16	2:14	8:48	15:30	4:18	2:52	3:57		
11 Carina Andersson	1:37:22	10:50	18:06	24:58	29:13	44:32	57:50	1:00:03	1:15:05	1:21:35	1:29:19	1:32:38	1:37:22		
Sigtuna OK		10:50	7:16	6:52	4:15	15:19	13:18	2:13	15:02	6:30	7:44	3:19	4:44		

Lång (10)	7700 m	1 (46)	2 (48)	3 (32)	4 (33)	5 (34)	6 (35)	7 (37)	8 (40)	9 (41)	10 (38)	11 (42)	12 (44)	13 (36)	14 (43)	M
1 Daniel Lindgren	53:08	5:10	10:17	13:22	16:43	19:18	20:21	26:47	33:17	38:23	39:30	44:49	46:30	49:32	50:54	53:08
Sigtuna OK		5:10	5:07	3:05	3:21	2:35	1:03	6:26	6:30	5:06	1:07	5:19	1:41	3:02	1:22	2:14
2 Tommy Lindgren	59:55	5:44	11:17	15:31	17:40	20:34	21:46	29:24	37:06	43:26	44:41	50:27	52:35	55:52	57:29	59:55
Sigtuna OK		5:44	5:33	4:14	2:09	2:54	1:12	7:38	7:42	6:20	1:15	5:46	2:08	3:17	1:37	2:26
3 Johan Kügler	1:00:04	6:02	11:31	14:25	16:35	19:29	20:40	29:56	36:59	43:03	44:29	50:32	52:44	56:06	57:53	1:00:04
Sigtuna OK		6:02	5:29	2:54	2:10	2:54	1:11	9:16	7:03	6:04	1:26	6:03	2:12	3:22	1:47	2:11
4 Per Slagbrand	1:07:05	7:00	13:04	16:12	18:44	22:11	23:34	31:31	40:09	46:56	48:17	54:51	57:30	1:01:38	1:03:45	1:07:05
Sigtuna OK		7:00	6:04	3:08	2:32	3:27	1:23	7:57	8:38	6:47	1:21	6:34	2:39	4:08	2:07	3:20
5 Bengt-Olov Törnqvist	1:07:06	6:56	12:58	16:05	18:39	22:08	23:30	31:34	40:06	46:49	48:11	54:48	57:23	1:01:33	1:03:42	1:07:06
Sigtuna OK		6:56	6:02	3:07	2:34	3:29	1:22	8:04	8:32	6:43	1:22	6:37	2:35	4:10	2:09	3:24
6 Roger Uddmäre	1:11:31	5:54	11:40	14:57	17:14	20:11	21:26	33:43	42:32	49:31	51:12	58:32	1:02:33	1:06:55	1:08:50	1:11:31
Sigtuna OK		5:54	5:46	3:17	2:17	2:57	1:15	12:17	8:49	6:59	1:41	7:20	4:01	4:22	1:55	2:41
7 Roland Bäcklin	1:14:35	6:22	13:07	16:06	18:26	21:52	23:17	32:23	43:10	50:15	52:25	1:00:35	1:03:45	1:08:23	1:11:52	1:14:35
Sigtuna OK		6:22	6:45	2:59	2:20	3:26	1:25	9:06	10:47	7:05	2:10	8:10	3:10	4:38	3:29	2:43
8 Åsa Berg	1:21:25	6:53	13:35	17:45	20:34	25:12	26:34	44:00	53:20	1:00:41	1:02:19	1:09:44	1:12:09	1:16:03	1:18:14	1:21:25
Sigtuna OK		6:53	6:42	4:10	2:49	4:38	1:22	17:26	9:20	7:21	1:38	7:25	2:25	3:54	2:11	3:11
9 Stefan Nordström	1:22:33	9:52	18:04	21:40	24:27	28:39	30:26	40:31	50:50	59:20	1:00:57	1:09:18	1:12:05	1:17:05	1:19:23	1:22:33
Sigtuna OK		9:52	8:12	3:36	2:47	4:12	1:47	10:05	10:19	8:30	1:37	8:21	2:47	5:00	2:18	3:10
10 Mikael Johnsson	1:25:10	7:20	16:31	20:57	24:01	28:32	30:22	41:10	53:04	1:01:49	1:03:34	1:11:41	1:14:42	1:19:28	1:21:59	1:25:10
Sigtuna OK		7:20	9:11	4:26	3:04	4:31	1:50	10:48	11:54	8:45	1:45	8:07	3:01	4:46	2:31	3:11